

# Elezea

- [I am dreading our LLM-written incident report future](#) (2026/06/21 14:06)  
LLM-generated incident reports pose unique dangers because their plausible-sounding errors lack immediate verification mechanisms that catch problems in code...
- [‘What I see in clinic is never a set of labels’: are we in danger of overdiagnosing mental illness?](#) (2026/06/21 13:51)  
A GP explores whether modern psychiatry risks pathologizing normal human distress by broadening diagnostic criteria and lowering thresholds for mental illness.
- [The Cult of the Enhanced Self](#) (2026/06/21 13:25)  
A health-obsessed culture paradoxically undermines longevity by prioritizing self-optimization over social connections, the very relationships that most...
- [Discrobbles v1.3.1 — Free to start, plus a Wikipedia summary on each album](#) (2026/06/19 16:29)  
Discrobbles is now free to start, with a one-time \$4.99 unlock for unlimited scrobbling. If you were already using the app before this change, you keep...
- [Discrobbles v1.2.1 — Rate your albums](#) (2026/06/12 23:05)  
Discrobbles now shows your Discogs rating for every album and lets you set or change it without leaving the app. Open an album, tap a star, and your rating...
- [Do Not Resign From Life](#) (2026/06/07 00:10)  
Sacacas argues that AI's capabilities shouldn't discourage human engagement with thinking, language, and judgment—the very activities that bring us meaning and...
- [Guidelines for Respectful Use of AI](#) (2026/06/03 23:11)  
Using AI shouldn't mean offloading quality control onto colleagues who review your work.
- [Discrobbles v1.2.0 — Synced scrobble history](#) (2026/05/31 20:45)  
Your Recently Scrobbled history now syncs across all your devices. Scrobble an album on your iPhone and it's there on your iPad — your recent plays follow you...
- [We Should Be More Tired Than the Model](#) (2026/05/30 16:26)  
Vicki Boykis on slowing down agent use on purpose: friction builds your own foundation instead of the model's.
- [The Great AI Cost Panic of 2026](#) (2026/05/30 14:57)  
Current AI cost concerns reflect normal growing pains in technology adoption rather than evidence of fundamental failure.
- [Discrobbles v1.1.0 — Native iPad support](#) (2026/05/26 20:30)  
Discrobbles now runs natively on iPad, with a denser collection grid and a side-by-side album view that puts the cover and tracklist together. This release also...

- [Your AI Use Is Breaking My Brain](#) (2026/05/24 19:12)  
Ubiquitous AI-generated text may be subtly reshaping how humans write and think, blurring the line between tool use and cultural conditioning.
- [LLMs and Buttondown](#) (2026/05/23 22:13)  
Buttondown's explosive growth is being driven by LLMs discovering its API-first design makes it the ideal newsletter platform for AI applications.
- [The Product Leader's Influence on the World We All Will Live in](#) (2026/05/21 23:20)  
Product leaders need to address how AI tools are causing cognitive burnout in their teams and establish sustainable work practices for the AI era.
- [You're Worse at Your Job Because You Care Too Much](#) (2026/05/15 21:48)  
Caring indiscriminately at work exhausts you—the real skill is directing your energy toward what's strategically important and letting go of minor frustrations...
- [Meet the Sad Wives of AI](#) (2026/05/15 00:28)  
A Wired essay explores the frustration of women whose husbands are obsessed with discussing AI and its implications.
- [I Left Port 22 Open for 54 Days: An SSH Honeypot Study](#) (2026/05/10 00:16)  
Exposing SSH to the internet reveals how ubiquitous automated probing is, with login attempts arriving within seconds of port exposure.
- [Discrobbles v1.0.2 — Free on the App Store](#) (2026/05/09 20:05)  
My first iPhone app is live! Discrobbles is now on the [App Store](<https://apps.apple.com/us/app/id6761305573>), free. It connects to your Discogs collection and your Last.fm account so you can track plays from your vinyl and CDs...
- [Song of the Day: May 6, 2026](#) (2026/05/07 02:47)  
All over my Instagram Reels for some reason — and it's such a vibe I can't get enough of it.
- [discogs-mcp v3.3.0 — Background sync, instant search](#) (2026/05/05 01:13)  
The first search of the day is now instant. `discogs-mcp` pre-fetches your collection in the background every hour and keeps it in a snapshot, so...

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