

# Elezea

- [From Assistant to Collaborator: How My AI Second Brain Grew Up](#) (2026/03/14 15:13)  
Over the past few months my AI second brain crossed a threshold from tool I invoke to collaborator I dispatch — driven by multi-agent workflows, cross-session memory, and deep domain expertise.
- [When Using AI Leads to “Brain Fry”](#) (2026/03/14 13:58)  
Research shows that "AI brain fry" — cognitive exhaustion from overseeing AI agents — is real, and that productivity actually dips after using more than three AI tools simultaneously.
- [AI should help us produce better code](#) (2026/03/14 13:43)  
Shipping worse code with AI agents is a choice. Simon Willison and Mitchell Hashimoto both argue we should engineer our processes so agents make our code better, not worse.
- [On Meeting Your Child Again, and Again](#) (2026/03/07 22:11)  
\*Derek Thompson writes about three reasons to be a parent—the most compelling being that parenthood means constantly meeting new versions of your child, "a permanent relationship with strangers, plural to the extreme."\*
- [Why It’s Still Valuable To Learn To Code](#) (2026/03/06 22:47)  
Carson Gross's essay on AI and junior programmers applies just as much to product managers: you can't build an effective AI-powered workflow until you've spent years developing the underlying judgment it's meant to amplify.
- [An AI Wake-Up Call](#) (2026/03/01 22:05)  
Matt Shumer makes the case that AI is fundamentally different from previous waves of automation because it's a general substitute for cognitive work, and the escape routes that existed before are closing fast.
- [Toolshed, blueprints, and why good agents need good DevEx](#) (2026/03/01 18:36)  
Stripe's Alistair Gray goes deep on how they built their internal coding agents, and the infrastructure patterns that make them work at scale.
- [Project Brains: Organizing Complex Initiatives for AI-Assisted Work](#) (2026/02/24 01:46)  
How a simple folder structure with a living CONTEXT.md file eliminates context fragmentation and makes AI assistants dramatically more useful on complex projects.

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